



ENERGY COMMISSION'S 10th ANNIVERSARY ENERGY RUN

03 DECEMBER 2011

VENUE : DIAMOND BUILDING , ENERGY COMMISSION

FREE REGISTRATION

ENTRY FORM . INDIVIDUALS

ENERGY RUN 2011

- Registration Closing Date : **24th November 2011** or upon reaching 1000 participants
- Enquiries & Registration : For enquiries pertaining to the competition and registration please contact;
- Person in-charge : Ms. Nur Waheeda Wahab
Telephone : 03-8870 8529
Fax No. : 03-8888 8649
Email : waheeda@st.gov.my
- Person in-charge : Mr. Ashfaq Ghafran Abdul Rahman
Telephone : 03-8870 8658
Fax No. : 03-8888 8649
Email : ghafran@st.gov.my
- Person in-charge : Ms. Farah Azrin Mohamed
Telephone : 03-8870 8560
Fax No. : 03-8888 8650
Email : farahazrin@st.gov.my
- : **Walk in Counters**
Energy Commission
No.12, Jalan Tun Hussein,
Precinct 2,
62100, Putrajaya
Operating hours : Mon-Fri : 8.30 am – 5.30 pm

Date	Time	Venue
Energy Run Kit Collection 2 nd December 2011	9.00 am – 5.00 pm	Energy Commission No.12, Jalan Tun Hussein, Precinct 2, 62100, Putrajaya.
Energy Run 2011 3rd December 2011	Reporting : 6.30 am – 7.20 am Flag Off : 7.30 am Prize Giving : 9.30 am	Start and end at Diamond Building, Energy Commission No.12, Jalan Tun Hussein, Precinct 2, 62100, Putrajaya.

ENERGY RUN 2011

Cash and Medal Awards

Categories	Distance	1st	2nd	3rd	4th	5th - 10th	11th – 40th
Men Open (above 18 years)	7 km	RM700	RM400	RM300	RM200	RM100	Medals
Women Open (above 18 years)	7 km	RM700	RM400	RM300	RM200	RM100	Medals
Men Veteran (above 45 years)	5 km	RM500	RM350	RM280	RM180	RM100	Medals
Women Veteran (above 45 years)	5km	RM500	RM350	RM280	RM180	RM100	Medals

For ST staff and spouse only

Categories	Distance	1st	2nd	3rd	4th	5th - 10th	11th – 20th
Men Open ST	7 km	RM500	RM350	RM280	RM180	RM100	Medals
Women Open ST	7 km	RM500	RM350	RM280	RM180	RM100	Medals
Men Veteran ST (above 40 years)	5 km	RM400	RM300	RM250	RM180	RM100	Medals
Women Veteran ST (above 40 years)	5km	RM400	RM300	RM250	RM180	RM100	Medals

For ST family only

Categories	Distance	1st	2nd	3rd	4th	5th - 10th	11th – 30th
Junior Boys ST (below 18 years)	5km	RM300	RM250	RM200	RM180	RM100	Medals
Junior Girls ST (below 18 years)	5km	RM300	RM250	RM200	RM180	RM100	Medals

* Certificates are only awarded to runners who complete their race.

Entry Form – Individual Participants

REGISTRATION FORM (in BLOCK Letters)
(Each participant has to submit separate entry form)

Full Name : _____
Address : _____
Postcode : _____
City/Country : _____
NRIC No. : _____
Contact No. : _____
Email Address : _____
Organization : _____
Gender (please tick v) : Male Female

Categories

	Categories	Distance	Please tick v
A	Men Open (above 18 years)	7 km	
B	Women Open (above 18 years)	7 km	
C	Men Veteran (above 45 years)	5 km	
D	Women Veteran (above 45 years)	5km	
E	Men Open ST	7 km	
F	Women Open ST	7 km	
G	Men Veteran ST (above 40 years)	5 km	
H	Women Veteran ST (above 40 years)	5km	
I	Junior Boys ST (below 18 years)	5km	
J	Junior Girls ST (below 18 years)	5km	

T-shirt Size:

XXS XS S M L XL XXL XXXL

Emergency Contact:

Contact Name : _____
Emergency Contact Number : _____
Emergency Relationship : _____
Signature of participant : _____
Date : _____

Entry Form – Individual Participants

IMPORTANT: IN CASE OF EMERGENCY

Please ensure that your emergency contact is reachable at any time especially on the 3rd December 2011.

TERMS AND CONDITIONS

The competition shall be held under the rules and regulations of the organizer of Energy Run 2011 :

1. **Free registration.**
2. Registration closing date is **24th November 2011.**
3. Participants are required to run on the designated route and runner's number bib displayed at all times during the event.
4. The organizer reserves the right to disqualify any participants if it is deemed that the rules are not followed.
5. Registration can be made via submitting this form to Energy Commission at No.12, Jalan Tun Hussein, Precinct 2, 62100, Putrajaya. (Tel: 03-8870 8529 / 03-8870 5658 / 03-8870 8560) Monday to Friday (8.30 am to 5.30 pm) or email to waheeda@st.gov.my / ghafran@st.gov.my / farahazrin@st.gov.my
6. Entries with false information will be disqualified. Late entries will not be entertained.
7. Winners must be present for the prize presentation at the end of the Energy Run, failing which the prize will be automatically forfeited.
8. The organizer reserves the rights to accept or reject any participation, to amend the rules and regulations or to reschedule or change the venue of the event without prior notice.
9. The organizer reserves the right to use any photographs (including those of participants), motion pictures, recordings, or any other media records of the event, for any legitimate purpose including commercial advertising and distribution to the sponsors.

INDEMNITY CLAUSE

In consideration of the acceptance of my entry, I and my heirs, executors, administrators, release and forever discharge the organizer, co-organizers, and their partners, sponsors, their appointed staff and officials of all liabilities. Claims, damages, costs or expenses which I may have against them arising in any way connected with my participation in this event, including all injuries that may be suffered by me before, during and after the event. I consent to receive and pay any medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the event. I understand that the aforesaid includes any claims based on negligence, action or inaction of any of the above parties. I recognize the difficulties of the event and attest that I am physically fit to compete in the Energy Run on 3rd December 2011 and I have not been advised otherwise by a qualified medical professional.

I hereby agree to and confirm I have read the terms and conditions and consent clause.

Signature of the Participant

Date

Name :